

**MY NEW MATES
HAVE SAID I HAVE
TO CARRY A KNIFE
WHEN I GO OUT
WITH THEM.
IS THIS *OK*?**



**YOU HAVE MORE OPTIONS
THAN YOU THINK**

**ASK OUR CHATBOT, OR CHAT ANONYMOUSLY
TO SOMEONE WHO CARES -
WHATEVER YOU'RE READY FOR.**

IS THIS OK? IS A FREE AND CONFIDENTIAL CHAT
SERVICE FOR YOUNG PEOPLE AGED 13 - 18.



Is This OK? is a partnership between UK charities Runaway Helpline and Childline and is funded by BBC Children in Need and Worshipful Company of Information Technologists.

FIND OUT MORE: [ISTHISOKAY.ORG.UK](https://isthisokay.org.uk)